

Online Registration: www.AlabamaPlayTherapy.org.

[MAIL IN REGISTRATION FORM](#)

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

License(s) Type: _____

Check here for email confirmation

REGISTER EARLY - SEATING IS LIMITED!

Spaces are not guaranteed until your registration is processed.

Mail in registration must be postmarked by April 25, 2010.

Online Registration deadline is April 28, 2010.

Please check box if you Do Not wish to be on our mailing list

If you are interested in membership, please send a separate check made out to APT for dual membership in APT (Association for Play Therapy Association, Inc.) and AAPT (Alabama Association for Play Therapy) along with your completed membership application. Membership applications are available on line or from membership chairman Rebecca Jacobson, r.jacobson@alabamaplaytherapy.org. New Members joining during the workshop will be eligible to win free registration to the January 2011 workshop!

	Postmarked by April 25, 2010*	After April 25, 2010/On site
AAPT/APT Member	<input type="checkbox"/> \$120	<input type="checkbox"/> \$140
Non-Member	<input type="checkbox"/> \$150	<input type="checkbox"/> \$170
Full time Students	<input type="checkbox"/> \$95	<input type="checkbox"/> \$115

* ONLINE REGISTRATION DEADLINE IS April 28, 2010.

Group Discount \$10.00 per registrant for groups of 3 or more registering together. Please specify if registering as a group and identify group members and affiliation. Amount enclosed \$_____. Group registration is easier by mail but you can register groups on line by using paypal. However, you **MUST** use the accompanying text fields to specify the names of each registrant to avoid confusion.

Check or money order only if registering by mail. No Purchase orders accepted. Credit Cards accepted if registering online. For mail in registration complete, detach and mail this form with a check payable to:

Alabama Association for Play Therapy (AAPT)

ATTN: Kristin Lowrey
CHIPS/Children's Hospital
1600 5th Ave South Suite 100
Birmingham, AL 35233

Sharon McGee
7123 Halcyon Park Drive
Montgomery AL 36117



Alabama Association for Play Therapy presents

Play Therapy for Anxiety Disorders

Presented by
**Paris Goodyear-Brown,
MSW, LCSW, RPT-S**



Friday, April 30, 2010

St. Vincent's Bruno
Conference Center
806 Saint Vincent's Drive
Birmingham, AL 35205

www.AlabamaPlayTherapy.org

ABOUT THE WORKSHOP: Anxiety disorders are the most common mental illness in the United States. About 13 in every 100 children experiences some sort of anxiety disorder (SAMHSA). While some children seem to have a temperamental predisposition to anxiety, in others anxiety is situationally induced. Children's fears also change by age and develop-mental level and can be exacerbated by a parent's own anxiety or a caregiver's reactions to the child's anxiety. There is consensus in the literature that cognitive-behavioral approaches, relaxation training, family therapy and parent training all result in a decrease of symptoms for children who suffer from anxiety disorders. This workshop will translate proven treatment approaches into developmentally sensitive play therapy techniques that will help children decrease anxiety and "boss back" their fears while counteracting the toxic effects of fear through the inherent enjoyment that accompanies play. The following diagnoses will each be addressed:

- 1) PTSD
- 2) OCD
- 3) Separation Anxiety
- 4) Selective Mutism
- 5) Specific Phobias
- 6) Generalized Anxiety Disorder

Specific play therapy techniques will be augmented by case examples, video clips, slides of children's completed therapeutic creations and experiential learning.

LEARNING OBJECTIVES

After the session, participants will be able to:

1. Describe the unique aspects of three anxiety based disorders.
2. Articulate three play therapy stress inoculation techniques.
3. Describe the role that parents play in helping children with their anxiety.
4. List five play therapy interventions that help clients identify and restructure anxiety based cognitive distortions.

Paris Goodyear-Brown, MSW, LCSW, RPT-S is a social worker and Registered Play Therapist Supervisor with 15 years of experience in treating anxiety disorders in children. She has an international reputation as a dynamic and innovative speaker. She maintains a private practice, and teaches for several universities in middle Tennessee. She is the author of Digging for Buried Treasure:52 Prop-Based Play Therapy Interventions for Treating the Problems of Childhood and Digging for Buried Treasure 2: 52 More Prop-Based Play Therapy Interventions for Treating the Problems of Childhood, Gabby the Gecko, and co-author of an original DVD of prescriptive play therapy interventions entitled 10 Peas in a Pod. Her newest book is entitled Play Therapy with Traumatized Children: A Prescriptive Approach.

SCHEDULE

Registration/Coffee.....	8:00-8:30
Workshop Session.....	8:30-11:30
Lunch (on your own).....	11:30-1:00
Business Meeting <i>(all encouraged to attend)</i>	12:30-1:00
Workshop Session.....	1:00-4:30

SCHOLARSHIPS will be offered to full-time students who can be available Thursday evening and Friday prior to and during the conference. Interested applicants may access the volunteer application on our website. Any questions concerning this opportunity, contact: Kathryn Blackwell at k.blackwell@alabamaplaytherapy.org

DRIVING DIRECTIONS The conference will be held at St. Vincent's Bruno Conference Center, 806 Saint Vincent's Dr. Birmingham, AL 35205. **DETAILED** driving directions available in the conference area of the website www.AlabamaPlayTherapy.org

PARKING Visitors to the Bruno Conference Center should park in the North Tower parking deck. Additional parking is available in the Women's & Children's Center parking deck. Parking fees of approximately \$4.00/day will apply. Participants will be responsible for all parking fees. Parking fees are subject to change without notice.

LUNCH Participants will have one and a half hours for lunch and may choose from two cafeterias (onsite) or other local restaurants. Participants should be aware that they are welcome to drive to local restaurants for lunch, but additional parking fees will likely be charged. More information about places to eat are on the website and will be provided at the workshop.

LODGING: A detailed list of hotel accommodations close to Bruno Conference Center are listed in the conference

CANCELLATIONS Registrants canceling up to 48 hours before a workshop will receive a tuition refund less a \$20 administrative fee, or if requested, a voucher good for one year, for a future workshop. All requests must be made in writing or by email. No refunds issued for any reason after April 28, 2010. In the unlikely event the workshop cannot be held registrants will receive complimentary admission to a rescheduled workshop or a full value voucher, good for one year, for a future workshop.

For special needs/additional information contact one of the following at least two weeks prior to workshop:

Kristin Lowrey, Registration and CEU Coordinator
Kristin.Lowrey@chsys.org or (205) 558-2755

Sharon McGee, Conference Chair
s.mcgee@alabamaplaytherapy.org or (334) 213-0801

Lisa Elliott, Conference Co-Chair, L.elliott@alabamaplaytherapy.org

CONTINUING EDUCATION

Six Contact Hours will be awarded for full day of attendance. No partial credit will be awarded.

Counselors: The Alabama Association for Play Therapy (AAPT) is recognized by the National Board for Certified Counselors (NBCC) to offer continuing education for counselors. AAPT adheres to NBCC continuing education guidelines. NBCC Provider No. 6211.

Play Therapists: The Alabama Association for Play Therapy (AAPT) is approved by the Association for Play Therapy for continuing education activities specific to play therapy. APT provider No. 98-045.

Social Workers: The Alabama Association for Play Therapy (AAPT) is recognized by the Alabama State Board of Social Work Examiners to offer continuing education for social workers. AAPT adheres to Alabama State Board of Social Work Examiners continuing education guidelines. ASBSWE Provider No. 0284.

Marriage and Family Therapists: The ABEMFT automatically approves courses that are NBCC approved for CEU credit.